Nicole L'Esperance

Ahmeek, MI 612.910.5885 lesperance1522@gmail.com

Summary

Independent. Manages time well. Acts quickly. Learns quickly. Efficient. No task is too big or too small. Repeatedly told "Your work ethic and quality of work is excellent." And "Nicole is a great leader willing to pave the way for those looking up to her."

Strengths

- □ Time Management, Dependable
- □ Work with others to get the job done efficiently
- □ Extensive Massage Therapy experience
- □ Loves Leadership; educating others and paving the way comes naturally
- □ Strong communication, friendly, outgoing, professional

Experience

Encompass Therapeutic Massage, Calumet, MI

Owner & Massage Therapist, January 2017- current

MN Chiropractic & Rehab, Plymouth, MN

Receptionist & Massage Therapist, July 2013-May 2017

Tree of Life Therapeutic Massage, Plymouth, MN

Massage Therapist, April 2014- October 2016

CVS Pharmacy, St. Louis Park, MN

Pharmacy Technician, April 2013–April 2014

ShopKo Pharmacy, Calumet, MI

Pharmacy Technician, May 2010- April 2013

Education

CenterPoint Massage & Shiatsu School & Clinic, St. Louis Park, Minnesota,

April 2013- April 2014

- 900 Hours Completed in Western Massage Therapy Program
- Earned Massage Therapy Certificate

Finlandia University, Hancock, Michigan, September 2021-December 2012

□ 10 Credits Completed towards an Associate Degree in Biology, English, Psychology & Human Anatomy.

Courses Taught

Trigger Point Therapy

An in-depth education of Trigger Point Therapy starting with the basics and working through each area of the body.

- 16 hours
- April 16 & 17th, 2021
- 6 students

References Available Upon Request